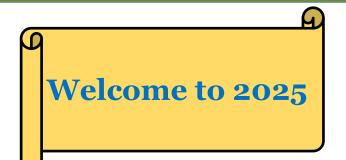


## North Yorkshire West

**Federation News** 



### SPRING COUNCIL 2025 ON SATURDAY 12TH APRIL AT TENNANTS GARDEN ROOMS, LEYBURN

10.00 am for a 10.30 am start Cost Delegates £32.50 Visitors £37.50 including coffee/tea and lunch



AFTERNOON SPEAKER-THE REVEREND KATE BOTTLEY MORNING SPEAKER---VALERIE WELTI -"CROSSING THE BLUE LINE"





#### <u>January 2025</u>

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Alma House Low St Agnesgate Ripon HG4 1NG 01765 606339 nywfwi24@gmail.com www.thewi.org.uk/northyorkshirewest

#### **Office Open:**

Tuesday 9.00am-12.30pm, 1.00pm-4.00pmThursday 9.30am-12.30pm, 1.00pm -4.00pm, Friday 9.00am–12.30pm, 1.00pm–3.30pm.

The office will be closed on Monday and Wednesday Find us on Facebook NYWFWI Charity Reg. No. 1204475

### The Rylstone Calendar Girls

on WEDNESDAY 26<sup>th</sup> March 2025

10.00 am to 4.00 pm for coffee plus a soup & sweet lunch



### £30 per person





At Linton Memorial Institute, BD23 5HQ

Either a gentle 4-mile Circular Walk starting at 10.30 am, Or from 10.30 am enjoy a Calendar Girl quiz Or just come for lunch at 1.00 pm

All options include lunch and talk with Angela, Trish and a few more of the Calendar girls!!

### APPLIQUÉ WORKSHOP WITH ANNE STARKEY AT ALMA HOUSE ON TUESDAY 11<sup>TH</sup> MARCH 2025 10.00 AM FOR COFFEE, 10.30 AM TO 3.30 PM COST £25 FOR MEMBERS, £30 FOR NON-MEMBERS



This workshop is suitable for complete beginners. You may choose between snowdrops or wildflowers.

Booking form is in the mailing.



# Your Chairman's Report

Julie Clarke j-a-clarke@hotmail.co.uk



January is a very important month for you as a WI member firstly this is your opportunity to influence which of the 4 resolutions will be the next campaign the movement takes forward to the Annual Meeting in June to be voted on and then working to raise awareness in the public domain, as there will be a vote count of over 100,000 the government also has to take notice, so don't forget to get your vote recorded at this month's meeting, as Helen, our secretary, can send the figures to National in February.

Also this month all Institutes will receive from National the short list of all the members who have gained sufficient votes to go forward to the next stage of the procedure to find the Trustees for the 2025/27 National Board, you will notice that Heather Stoney has received sufficient votes to be included, although the votes do not need to be completed until early next year. Don't let your Institute miss out on voting for who you wish to be part of National's governing body in the future.

Our last event in 2024 for our Federation was the Carol Service held in Bedale, well supported, and the magnificent amount of £335.35 from the collection will be donated to Women's Aid. I thank all who came and all those who played an active part before, during and after the service.

#### theWI LEARNING HUB

I am just wondering if you take advantage of the WI Learning Hub. I hope you are as there is such a wide range of courses and workshops open to you and they are all free, if you haven't go onto this website - **learninghub.thewi.org.uk** - to see the courses you can join. The Learning Hub along with the 10 WI Life magazines you receive each year are part of your entitlement from your annual subscription.



I want to thank all members who took the trouble to reply to the letter sent to you regarding the 2025 Great Yorkshire Show, as so many of you said it would be such a shame for us not to be present so at the November Board meeting we decided YES we will be returning in 2025. In the February Mailing you should receive the schedule for the Exhibition Area, so please support so we can put on a display for not only the public but members from other regions can see just what talented members we have in North Yorkshire West. We are even considering having a display of "Something I made Earlier" not to be judged, just an area where items you have made can be seen by all, and yes there will be produce items as well with another set recipe - a class which proved so very popular last year.

Another plea for help this time in the Exhibition area - the Team are wondering if you who would be willing and able to help with the setting up of the displays in the pavilion before the show begins. This normally happens on the Friday & Sunday, if you can please email me and I can then give you more information and answer any questions you may have.

Finally just a quick reminder on page 4 if your WI is on the top of the list to let Helen know by the 14<sup>th</sup> of January if you have a Delegate or not for National's Annual Meeting in June.

Thankyou and enjoy another year of WI activities both at your Institute and with us at Federation. **Julie** 

#### **Delegate Linking List for NFWI Annual Meeting on 4th June 2025**

#### To be held online via Zoom

The linking WI to be the Delegate is at the top of the group list in red. If your WI is unable to provide a Delegate, please contact the office by 14th January at the very latest. Thank you.

All delegates are invited to Alma House to attend the meeting on Zoom from 10.00 am. All refreshments will be provided free for the day.

Visitors are invited to attend for £5 to cover the cost of all morning coffee, lunch and tea. **The booking form is in this month's Federation Mailing.** 

Please note that all delegates will require a Wi-Fi enabled device i.e. a smartphone, iPad or laptop in order to vote on constitutional items during the meeting. More information about the Annual Meeting can be found on the National Federation website www.thewi.org.uk

Knaresborough	Bedale Belles	Fearby & Healey	Malham
Forest Moor	Newton le Willows	Thornton Watlass	Rylstone
Aspin Park	Burneston & Carthorpe	West Tanfield	Addingham
Castle Belles	Aiskew	Masham	Kettlewell
Farnley Estate	Marton cum Grafton	Three B's	
Wharfedale	Arkendale	Glusburn & Crosshills	
Goldsborough	Aldborough B&D	Embsay with Eastby	
Spofforth	Kirby Hill	Cowling	
Thoralby	Spa Sweethearts	Skelton on Ure	
Bainbridge	KO Girls	Bishop Monkton	
Coverdale	Harrogate Rascals	Burton Leonard	
Spennithorne	Harrogate Bloomers	Roecliffe	
Glasshouses	Stray Ladies	Starbeck Afternoon	
Upper Nidderdale	Scriven	Follifoot	
Birstwith	Harrogate Library	Ripon Belles	
Sharow	Bilton	Madhatters	
Hampsthwaite	Swale	Giggleswick	
Killinghall	Richmond	Airton	
Ripon Centre	Oresome Copper Belles	Threshfield & Linton	
Summerbridge	Melsonby	Salterforth	
Hellifield	Kirkby Malzeard	Bradley's Both	
Sutton in Craven	Dallowgill	Settle	
Long Preston	Cononley	Austwick	
Low Bentham	Grewelthorpe	Skipton Dalesway	

You will find a resolution shortlist selection form in this month's mailing with information about the four resolutions. Consider all the resolutions on the short list and read all the background notes. Ask all members to vote for the resolution they want to support the most. More information is available in the November/December issue of WI Life pages 18-21. Every member is entitled to make their individual vote. Once every member has made their choice, please return the summary table result form to the Federation office before Friday 9<sup>th</sup> February by post, email or telephone. The resolutions are as follows:

#### 1. Let's talk about incontinence

It is estimated that 14 million people in the UK of all ages are suffering from bladder problems and a further 6.5 million with bowel problems. However, it is still a subject that is misunderstood and very hard to talk about. We call upon the UK Secretary of State for Health and Social Care and Wales' Cabinet Secretary for Health and Social Care to examine in detail all areas of health and wellbeing that are affected by incontinence issues. We call for the government to commit to an up-to-date audit to provide a national picture of incontinence care, offering a baseline from which to drive improved services. We call upon the members of the WI to raise public awareness, remove the stigma around incontinence, to help reduce the significant impact on people's lives.

#### 2. Bystanders can be lifesavers

There are over 30,000 out-of-hospital cardiac arrests a year in the UK, and less than one in ten people survive. Women have a lower chance of surviving than men. Early cardiopulmonary resuscitation (CPR) and defibrillating can more than double the chances of survival. We call on WI members to work together to increase public confidence and training in the delivery of CPR and to work with local organisations to help improve access to defibrillators in their communities to give every person the best chance of surviving a cardiac arrest.

#### 3. Join the repair revolution

There is a huge excess in clothing production which has devastating consequences for the environment. The WI calls on the UK Government to join the repair revolution and strengthen the law and investment to support a circular economy of clothing and fabrics in the UK, where repair and reuse are achievable, accessible, and affordable to all. We also call on WI members to promote clothing reuse and repair in their communities.

#### 4. Eliminate landfill of medication packaging

Medication packaging, due to its complexity, is not routinely recyclable through local authority collections, usually leading to disposal in landfills. We call on the WI to proactively raise awareness by encouraging additional collection points where empty packaging can be easily returned for recycling. Furthermore, we call on manufacturing companies to acknowledge their moral responsibility to reduce their environmental impact by exploring simpler packaging alternatives that are easier to recycle or have less impact on the environment. These steps can significantly improve recycling rates to move towards eliminating landfill.

### Sheila Carr's Christmas Decoration Workshops at Alma House and Long Preston Village Hall in November

### Alma House on 5th November



### <u>Long Preston Village Hall on 7th November</u>

The craft day at Long Preston Village Hall was brilliant. A full busy day produced 4 and some managed 5 decorations mainly from paper folding, ribbons and beads. Sheila and Gail were both skilled demonstrators and we all soon got the hang of neat creases and accurate measuring. We amazed ourselves when the unfolding revealed exquisite stars. The frequent cups of tea were very welcome, but lunch was taken as we worked. We were too enthralled to stop. The 6 hours flew by, and we all showed off our work for the photoshoot. Sheila was very generous with her materials and we all took home beads, ribbon and paper with the templates she had prepared. I have made another Christmas tree of ribbon and beads. I look forward to next year when she no doubt will have some fresh crafts to show us. The day was well worth the money. **Anne Guy, Thoralby & District WI.** 





### **Membership Report**

#### Sue Earl Armstrong sueearlarmwiadviser@gmail.com

Wishing you all a very Happy New Year. We have an exciting year ahead planned for you, starting with our Presidents and Secretaries workshop at Alma house on Tuesday 25<sup>th</sup> March 6.30-9.00pm. Booking forms are on our website.

All our workshops are free. We are awaiting confirmation for our April 29<sup>th</sup> and 16th May workshops in Bedale and Gargrave for the rest of the Presidents and Secretaries, after that we are doing three session for Treasurers and MCS representatives. If you have members looking to take on these roles they are welcome to come along and see what the roles entail.

We would also like to invite you to come along to a Membership team meeting, we can do these in the evening via zoom so you don't have to leave the comfort of your home, but get to see what we do and how we aim to help our Wis in our Federation.

In March we are looking to have the formation meeting for Wath & Melmerby WI, we have a sampler at Alma house for this WI which sadly closed quite a few years ago, however we have some interested ladies who have already had a meeting to get to know each other and we are looking forward to doing their formation meeting in the new year. We are looking to open more WIs in the Harrogate area.

Reminder that The WI hub is free to all our members, your secretary will receive an update of each month's activities that you could have a go at home, via Zoom, so you don't have to leave the house,

Looking forward to hearing from you and seeing you in the new year, if you have any queries no matter how small please get in touch with us thanks. From all the team, **Sue**.

### **Christmas Food & Flowers at Darley Memorial Hall**



One hundred and eleven members thoroughly enjoyed the day







### What's on In Your Federation

#### **FEBRUARY 2025**

**Thursday 13th February**—Decoupage Workshop at Alma House with Sara Baldwin-Cole. Closing date 21st January 2025. Cost £25 to members, £30 to non-members. Booking form is with your Secretary.

#### MARCH

**Tuesday 11th**—Appliqué Patchwork with Anne Starkey at Alma House. Cost £25 members, £30 non-members. Closing date 21st February. Booking form is in the mailing.

**Tuesday 25th–** Presidents, Secretaries & Treasurers Meeting from 6.30 pm to 9.00 pm at Alma House. Closing date 21st March. This is a free workshop. Booking form is with your Secretary.

**Wednesday 26th**—Walk, Talk and Lunch with Angela, Trish and a few more of the Calendar Girls. From 10.00 am to 4.00 pm at Arthur Anderton Memorial Institute, Linton. Cost £30 including soup and sweet lunch. Closing date 5th March. Booking form is with your Secretary.

#### APRIL

**Tuesday 8th**—Rag Rug Workshop with Mary Cooper at Alma House from 10.00 am to 3.00 pm. Cost £35 including materials. Closing date 21st March 2025. Maximum 8 attendees Booking form is in the mailing.

**Saturday 12th**—Spring Council Meeting from 10.00 am to 3.30 pm at Tennants Garden Rooms, Leyburn. Afternoon speaker Reverend Kate Bottley, morning speaker Valerie Welti "Walking the Blue Line". Cost £32.50 for Delegates, £37.50 for Visitors including lunch and refreshments. Closing date 27th March. Booking form is in the mailing.

#### JUNE

**Wednesday 4th**—Annual Meeting event at Alma House from 10.00 am. There is no charge for delegates, visitors will be charged £5 to cover the costs of refreshments. Lunch and refreshments will be served. Closing date 31st January 2025. Booking form is in the mailing.

#### Keep in touch!

It is great to read what all the WIs are up to. Please send your news to nywfwi24@gmail.com and we will report here in brief with more details on the website. Please send in your photographs and articles to the WI office at Alma House. Because of the limitations of the number of pages, please keep your articles to 400 words or fewer.



**<u>Reminder</u>** - it's not too late to put in your application for 200 Club next year!

Please contact the office if you would like tickets for next year.

## Around the WIs

### Killinghall WI

On Thursday 10th October, Killinghall WI welcomed Betty Lupton's Ladle Laikers, our local Morris dancing team. After an informative talk on their history, type of dance and outfits, we were invited to have a go! A few moves were demonstrated then, in groups of four, we all managed a dance consisting of three distinct moves, with a chorus between shaking our bells as we progressed. It was a good laugh, and we were congratulated on our efforts.



An entertaining and energetic evening much appreciated. Mary Dale, Killinghall WI.

### Melsonby WI



In September, Melsonby WI held a coffee morning and recycling drop-off in aid of the Great North Air Ambulance Service. Thanks to the efforts of all the members and amazing support from the local community, they raised nearly £800 in cash, and collected bags of clothes and other items which were worth £333 to the GNAAS. Not bad for a Saturday morning! **Jane Brown, Secretary, Melsonby WI.** 



### Low Bentham WI

#### <u>Regional Mayor David Skaith</u> <u>visits Bentham!</u>

On Saturday 17<sup>th</sup> August, Low Bentham W.I. hosted a unique Coffee Morning! The Town Hall bustled with

Benthamers, keen to meet and discuss



heartfelt local issues and concerns with our newly elected Regional Mayor for York and North Yorkshire, David Skaith. He was accompanied by Treve, a member of his Communications Team. Transport, speed limits, river water quality, infrastructure and pollution were key concerns and attendees at the Coffee Morning arrived with well considered letters and plans to more effectively illustrate a wide range of issues. The Regional Mayor has certain powers and responsibilities devolved to them by Central Government. Amongst others these include:

\*powers and funds to improve transport through a consolidated, devolved, multi-year transport settlement

\*powers to improve the supply and quality of housing and secure the development of land or infrastructure

\*responsibility for community safety and the powers to appoint a deputy mayor to carry out many of the duties formerly held by the Police, Fire and Crime commissioner

David spent virtually two hours circulating from table to table primarily listening attentively then discussing ways forward. He had promised to return soon! **Jacquie Van Ryssel, Low Bentham WI.** 

### Marton cum Grafton WI

Marton Cum Grafton held two celebration events to mark 100 year since it's foundation in November 1924. One was a coffee morning on Saturday 2nd November when we displayed our new wall hanging and archive which was enjoyed by the community several members dressed up in fashions from the 10 decades and were photographed in from of a 1920's vintage car. We were visited by our local MP for Wetherby and Easingwold, the Rt Hon Sir Alec Shelbrooke. We also featured on TV Calendar programme. We then celebrated with an afternoon tea at our evening November AGM meeting. **Hazel Smyth**, **Treasurer, Marton cum Grafton WI** 



### **Roecliffe WI**

We may be one of the smaller WIs in North Yorkshire West Federation but WOW when Helen our President asked for us to bring a selection of our crafts to the meeting, members responded and what a fabulous show of items including quilting, fabric boxes, tatting, embroidery, cake decorating, painting, willow weaving and anything and everything in between. Six trestle tables were used, and we could have easily spread to more.

Roecliffe WI is nestled in between Boroughbridge and Bishop Monkton so we are not too far from Alma House in Ripon. We have a talented array of members who usually manage to enter every class at The Great Yorkshire Show, usually to great success. We also enjoy social time and there is always a lot of chatter at the end of our monthly meetings.



Our November meeting was also our Annual General Meeting, however, please do not think it dull and tiresome. Helen took us swiftly and ably through both agendas. We are grateful to have a supportive committee but would always welcome more volunteers. Luckily our Speakers Secretaries over the years have come up with a varied and enjoyable programme. Indeed, this year we have enjoyed topics such as Physionet, Snow Leopards in Mongolia, Spinning and an insight into to work of a North Yorkshire Magistrate to which Sue brought along 2 fellow Magistrates so we had good knowledge on hand. Sue Rogers took us on her journey creating a new life and last month David Roberts gave a fascinating delve into history with the Romans on our doorstep. Our early summer Poetry and Prosecco evening was a great success with all who came contributing to the fun of the occasion and our August Garden Party was actually a barbeque evening, also a great success.

For a diverse mix of Ladies of different ages and lifestyles we have an ability to bring out the best in each other. Last year we celebrated our 90th Birthday and hope to continue for many more years to come. Lynda Wigby, Roecliffe WI.

### New Initiative - Drop in Session – Meet/Ask a Trustee Saturday 25 January 10:00-12:00pm Alma House

Two Trustees Sue Earl-Armstrong and Hazel Smyth will be available to answer questions, provide advice or help with your WI.

You can either come in person to Alma House or Phone Office on 01765 606339 or call in on Zoom no need to book - parking will be available. **There is no need to book or say you are coming.** 

Our idea is this a time when you know someone "with some expertise" will definitely be available.

We can Zoom out to you if you can't come link will be open on just join on

Topic: Drop in - North Yorkshire West Federation's Zoom Meeting

Time: Jan 25, 2025 10:00 AM London

Join Zoom Meeting

https://us02web.zoom.us/j/88488759307? pwd=z0EWjg4ar8bb9oQWAXXMX2toco8xoP.1

Meeting ID: 884 8875 9307

Passcode: 485081

Even if all you want to do is to check out Alma House and facilities that is OK. We will be holding sessions in other venues in the Federation in coming months.

No queries is too small or too big – if you don't ask we can't help.

## Burton Leonard WI celebrates 100 years in February 2025.

A series of activities are planned to mark the momentous event, including an exhibition, which will be held in Burton Leonard Village Hall over the weekend of 15<sup>th</sup> and 16<sup>th</sup> February.

The exhibition will chart the history of BLWI, celebrating its work and activities, including the highly successful drama group. We would particularly welcome visitors from fellow WI members.

Further details can be found on the poster enclosed in the email to Secretaries.



### Hire of Alma House for a **Meeting**



Alma House can be hired for £15 per hour for your meeting/away meeting. This includes all the use of the kitchen & equipment, including projector and WIFI. There are 6 Parking spaces you can use for easy access.

Any queries please contact Helen in the office.

Hazel Smyth, Federation Treasurer.

### **Post Office Banking Facilities**



The banking services which local Post Offices can offer are expanding - please check your local one. These include the ability to not only deposit cheques but also cash including coins thus saving a journey to a remote bank. To deposit cash requires a bank card for the account which may be a debit card or a bank deposit card. Any queries please contact Hazel Smyth, Federation Treasurer.

### Treasurers — Warning re WI Debit Cards



If your WI Account has a debit card and you use it for on-line payments you are advised to not save the card on your personal pc/on line account. This will stop you or someone with access to your account inadvertently using the WI card for payment resulting in having to refund the WI for a personal purchase. Hazel Smyth, Federation Treasurer.

### **Cheque Payments** When

sending in a personal cheque for an event or other payments, please can you write your WI name on the back of the cheque and the event/item you are paying for. This helps when cheques are being entered on our system. Please can you quote the relevant references for events when paying by bank transfer. Thank you.

Please note that the office will be closed from Friday 20th December 2024 and reopens on Thursday 2nd January 2025 for **Federation Secretary** Helen's Annual Leave.



## £ CLUB DRAW £

Congratulations to the following who have won these prizes:

#### November Draw

1st Príze—£30- No 20—Grace Hemsley, Baínbrídge WI

2nd Príze—£20—No 191— Starbeck Afternoon WI

3rd Príze—£10—No 4—Val Werby, Ríchmond WI

#### December Draw

1st Príze—£30—No 101—Knaresborough WI

2nd Príze—£20—No 15—Grewelthorpe WI

3rd Príze—£10—No 56—Follífoot WI

### **Residential Courses Offered by Derbyshire Federation**

The **Derbyshire Federation Residential & Training Team** have arranged a residential course on the 5<sup>th</sup> & 6<sup>th</sup> April 2025 at EASTWOOD HALL, Eastwood, NOTTINGHAM (<u>https://www.eastwood-hall.co.uk/</u>) and we would very much like to offer some of our WI members the opportunity to join us.

#### The courses on offer in 2025 are:

DH LAWRENCE – a detailed look at his life and loves

SEW ART DECO - create a stylish Art Deco table runner and other items

THE DRAWING COURSE - an introduction into drawing & extending your creativity







More details will be sent out in the email to Secretaries at the end of December, for more details please contact the office at Alma House on nywfwi24@gmail.com or telephone 01765 606339.

Look out for future drop ins in March, May and June.

### Website – Event/Bookings for 2025 NEW LOOK

All events for 2025 are now available on the website on a new tab for 2025 at <u>https://yorkshire-north-</u> <u>west.thewi.org.uk/2025-events-and-workshops</u> - the layout has been revised hopefully to make it easier to view on mobile phones and tablets – do look and book.

#### RAG RUG WORKSHOP AT ALMA HOUSE

With Mary Cooper

COST £35 TO INCLUDE ALL MATERIALS

On Tuesday 8<sup>th</sup> April from 10.00 am to 3.00 pm

#### Booking form is in this mailing





#### WI Sampler Banner – as seen at Alma House



## Don't miss out if your WI is not included, make a sampler!

If you're a new WI or your name has changed, contact Helen at the WI office on nywfwi24@gmail.com or telephone 01765 606339—we will send you the material plus details to create your sampler.

## DECOUPAGE WORKSHOP

### With Sara Baldwin-Cole



THURSDAY 13<sup>TH</sup> FEBRUARY

10.30 TO 3.30PM

ALMA HOUSE

£25 members

(£30 non-Members)

Materials supplied-just bring your favourite paper scissors.

Calling all Paper ephemera fans! Come and play snipping and sticking. Several projects : Mache Box & Folder

Refreshments on arrival at 10am, Bring a packed lunch.

Booking starts 5<sup>th</sup> December and closes 21<sup>st</sup> January . Booking Form is with your Secretary or on our website.

### Presidents and Secretaries Meeting at Alma House On Tuesday 25<sup>th</sup> March 2025 from 6.30 pm to 9.00 pm.

This meeting is free to members.

Tea and coffee will be served

Booking starts 1st January, closing date 21st March. Booking form is with your Secretary or on our website



